

Suicide Prevention & Awareness Activity Guide For First Responder Agencies

Review suicide prevention data for your county and highlight local prevention efforts such as calls to your local crisis line, awareness walks and gatekeeper trainings.

Review the suicide prevention materials available from the First Defense Facilitators Guide on suicide prevention campaign on www.texasloddtaskforce.com

Customize the proclamation template.

Familiarize yourself with guidelines for effective messaging around suicide prevention and share with others as well as your local media.

Encourage your local media to report on suicide prevention and recovery efforts that are specific to first responders.

Share resources with your co-workers and discuss ways to promote Suicide Prevention Week and Recovery Month.

Schedule social media posts.

Schedule station or unit trainings.

Customize daily emails.

